

The Iowa Rush is excited to announce the full list of camps for each program during the 2013-2014 Season. Below is a list of all Camp and Program offerings for the 2013-2014 Season. We believe that we have been able to provide a number of additional opportunities for all of our programs to continue to grow as soccer players.

Select Camp Offerings:

The Select camp offerings are designed not only to increase skill on the ball, but also to increase fitness, speed and agility which can be critical to give the edge at the highest level. In addition there are age group specific camps that allow players to focus on items that are need at their current level or to increase their skill set and knowledge of the game.

Season	Dates	Time	IA Rush Offering	Director	Price	Level	Package
Fall	August 5-9	9am - Noon	Pro-Elite	Nuno Ferreira	\$140	Select	Yes
Fall	August 5-9	3-4:30pm	Goalkeeping Camp 1 U11-U13	Will Heaston	\$75	Select	Yes
Fall	August 5-9	4:45-6:45pm	Goalkeeping Camp 2 U14-U18	Will Heaston	\$100	Select	Yes
Fall	Wednesdays	5:30-6:30pm, 6:30-7:30pm	Select Programming	Andrew Rowher	NA	Select	Included in Select Fees
Fall	TBD	TBD	Rush Cup	TBD	NA	Select	Included in Select Fees
Fall	Package Season	TBD	iSoccer	Nuno Ferreira	NA	Select	Yes
Winter	TBD	TBD	Cheeky Monkey 1	TBD	\$125	Select	Yes
Winter	TBD	TBD	Cheeky Monkey 2	TBD	\$125	Select	Yes
Winter	TBD	TBD	Cheeky Monkey 3	TBD	\$125	Select	Yes
Winter	TBD	TBD	Street Soccer	Nuno Ferreira	NA	Select	Included in Select Fees
Winter	TBD	TBD	CASH	TBD	\$99	Select	Yes
Winter	TBD	TBD	Senior Winter Camp U15 - U18	Daryl Brazeau	\$125	Select	Yes
Winter	TBD	TBD	Junior Winter Camp U11-U14	Daryl Brazeau	\$125	Select	Yes
Winter	TBD	TBD	Defending Camp	Nuno Ferreira	\$75	Select	Yes
Winter	TBD	TBD	Soccer Specific Fitness	Nuno Ferreira	\$75	Select	Yes
Winter	TBD	TBD	College Combine	Daryl Brazeau	NA	Select	No
Winter	TBD	TBD	Winter Training	TBD	\$150	Select	No
Spring	Package Season	TBD	iSoccer	Nuno Ferreira	NA	Select	Yes
Spring	Wednesdays	TBD	Select Programming	Andrew Rowher	NA	Select	Included in Select Fees
Summer	TBD	TBD	Senior Summer Camp U15 - U18	Daryl Brazeau	\$125	Select	Yes
Summer	TBD	TBD	Junior Summer Camp U11-U14	Daryl Brazeau	\$125	Select	Yes

Each camp can be purchased on a per camp basis or as a part of the Select Camp Package as described below.

Select Camp Package: The Select Camp Package includes access to all camps as noted with a "Yes" under the Package column in the above chart at the price of \$500 per player. If a player is likely to attend numerous camps throughout the year the Select Camp Package is a way for our members to attend those camps at a discount. All Select Camp Package members will be given priority registration one week prior to the each camp opening for the general public. There have been some changes made to the Select Camp Package; some of the key changes are listed below:

Key Package Changes:

- **Winter Training:** Not included in Select Camp Package
- **Winter Training:** Now open to all members at the same time Oct. 1st, there is no priority registration.
- **New Camps:** Any camp created/started during a package cycle will fall into an a la carte

purchase. Package members would have to register for these camps in the same manner as a member without a package. The new camp may then be rolled into the Select Camp Package by the club for next year.

- **Select Programming:** Open to all Select players, there will no longer be a Select Camp Package specific programming
- **Package Registration:** *Only* available during the registration window July 1st-July 31st

For more information about the Select Camp Package please click [here](#) to access an information sheet.

Academy Camp Offerings:

The Academy camp offerings are designed specifically for Academy age players that correspond with the skills and lessons that are taught throughout the season.

Season	Dates	Time	IA Rush Offering	Director	Price	Level	Package
Fall	TBD	TBD	Friday Night ALL Play	Daryl Brazeau	\$20	Academy	No
Fall	TBD	TBD	Finishing Camp	Nuno Ferreira	\$75	Academy	No
Winter	TBD	TBD	Academy Winter Camp U9-U10	Daryl Brazeau	\$150	Academy	No
Winter	TBD	TBD	Winter Training	TBD	\$150	Academy	No
Spring	TBD	TBD	Academy Coordination and Agility	Daryl Brazeau	\$20	Academy	No
Spring	TBD	TBD	Friday Night ALL Play	Daryl Brazeau	\$20	Academy	No
Spring	TBD	TBD	Academy Finishing	Daryl Brazeau	\$20	Academy	No
Winter	TBD	TBD	Academy Summer Camp U9-U19	TBD	\$150	Academy	No

All Academy Camps can only be purchased on a per camp basis.

Recreational Camp Offerings:

The Iowa Rush Recreation Program is looking to create new offerings to those who want to develop as a player outside of games and training. New this year there will be a Pre-Season Camp for the Recreation Program offering a warm-up to the recreation season after the summer off.

Season	Dates	Time	IA Rush Offering	Director	Price	Level	Package
Fall	August 5th-8th	5-6pm	Kick Into Gear Pre-Season Camp U5-U8	Candice Fabry/Nuno Ferreira	\$60	Recreation	No
Fall	August 5th-8th	6-7pm	Kick Into Gear Pre-Season Camp U9-U18	Candice Fabry/Nuno Ferreira	\$60	Recreation	No
Fall	TBD	TBD	Kicks4kids U4-U6	Candice Fabry	\$65	3yr-6yr olds	No
Winter	TBD	TBD	Hawklones	TBD	\$99	Recreation	No
Spring	April 18,25,May 2,9,16	5:15 - 6:30pm	Kicks4kids	Candice Fabry	\$65	3yr-6yr olds	No
Spring	TBD	TBD	Pre-Academy Clinic	Daryl Brazeau	\$40	Recreation	No

All Recreation Camps can only be purchased on a per camp basis.

Additional Offerings/Leagues:

In addition to each camp the Iowa Rush also has a variety of leagues throughout the year that are designed to bring additional competition outside of the fall and spring seasons.

Season	Dates	Time	IA Rush Offering	Director	Price	Level	Package
Winter	TBD	TBD	College Combine	Paul Fabry	Free to Rush Members	Select	No
Winter	Dec 6, 13, 20th (2013)	TBD	Premier Challenge League Season 1	Paul Fabry	\$350 Team; \$60 individual	League (All)	No
Winter	Jan 10, 17, 25 (2014)	TBD	Premier Challenge League Season 2	Paul Fabry	\$350 Team; \$60 individual	League (All)	No
Winter	Jan 31, Feb 7, 14 (2014)	TBD	Premier Challenge League Season 3	Paul Fabry	\$350 Team; \$60 individual	League (All)	No
Summer	TBD	TBD	College Preparation Outdoor League U16-U18 B&G	Danielle Oswald-Thole	\$125	League (Select)	No
Summer	TBD	TBD	College Preparation Outdoor League College Women	Danielle Oswald-Thole	\$125	League (Select)	No